



IOF World Ranking Event 30.3.2024, Middle distance French Middle Distance Championship (CFMD) Mazaugues, Var (83), Provence, France

BULLETIN 1

Event organiser

Ligue Provence-Alpes-Côte-d'Azur de Course d'Orientation

Organising team

Event director : Pierre Delenne

Course setter : Daniel Seckler

Result service : Richard Heyriès

WRE contact person : Matthieu Puech

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IOF event adviser

Olivier Benevello

Event website

<https://cfc2024.provence-co.fr/>

Event informations

Date	30.3.2024
Competition format	Middle distance
Expected winning time	35 min
Punching system	SportIdent Air+
Map	« Mazaugues » 1/10 000 by Ray Hulse (2022-24)



Venue

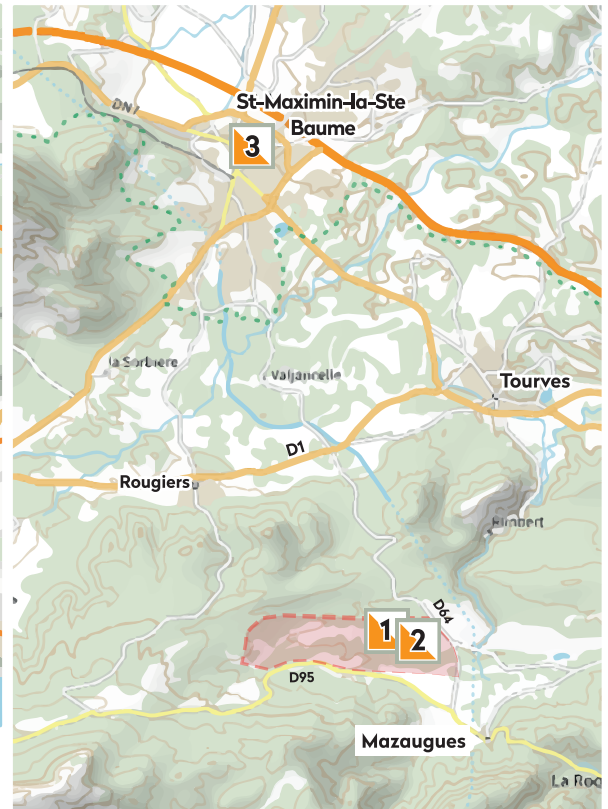
The arena is located 2 kilometers north of the small village of Mazaugues, alongside road D64.

Parking location : [OpenStreetMap](#) / [GoogleMap](#)

No parking fee.

Warning : access to the competition is difficult through the small village of Mazaugues for long vehicles.

Camper vans and coaches of more than 10 meters must access the competition site via Tourves by D1 and D64.



1. CFMD (Mazaugues, 30.3.2024)
2. CFC (Mazaugues, 31.3.2024)
3. CFRS (St-Maximin-la-Ste-Baume, 1.4.2024)

Motor homes & Camper vans

Parking area available to spend the night, close to the Mazaugues stadium, 2 km away from the arena.
[Link to the parking here](#). Possible from Friday 29. Toilets on site.

Arena

The arena is located 600m to 1 km at walking distance west from the parking area.
Please follow the markings and be aware when crossing the D64 road.

Embargoed areas

The embargo of the competition terrain of Mazaugues (CFMD and CFC) was published in April 2023, after the use of the map by the French federation for a training weekend of the MW21 and MW20 teams.

Embargoed area of Mazaugues : [link here](#)

Map of the competition : [link here](#)



Terrain

Mediterranean terrain. Flat karstic plateau around 400 meters above sea level, presenting some areas rich in rocky details (rocky pits, bare rocks with deep trenches). Mostly semi-open mediterranean vegetation ("garrigue") quickly varying from very dense and bushy, to more open and possibly very fast (large open bare rocks). Rest of the terrain is covered with pine and oak forests, most often quite dense. Only a few paths. Runnability from very good in open areas to very low in rocky or denser areas. Covered legs recommended. Maximum altitude difference is about 70 meters (370-430m).



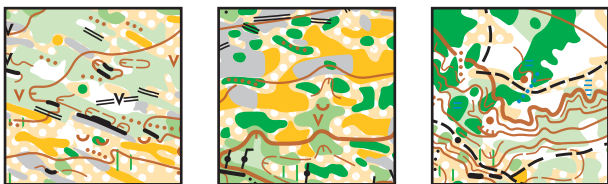
More pictures can be found on the competition website : [direct link here](#) (photo © Pierre Alessandri)

Map

Scale: 1:10 000, contour interval: 5 m.

Mapping made by Ray Hulse (2022-24).

Printed on waterproof paper.



Competition rules

The rules of the International Orienteering Federation will be applied in the competition.

Spiked shoes are allowed, but shoes with studs are recommended.

Competitors shall not use or carry telecommunication equipment between entering the pre-start area and reaching the finish in a race, unless the equipment is approved by the organiser.

GPS-enabled devices (watches etc.) can be carried provided that:

- they have no map display
- they have no telecommunication ability.
- they are not used for navigation purposes.

However, the organiser has the right to specifically forbid the use of such equipment.

The organiser may require competitors to carry a tracking device and/or a GPS data logger.

First start : 12:00

There will be more information on the organizer's web page closer to the date of the competition.

Final event instructions, details of the courses and start times will be published in Bulletin 2 and on the competition website.



Entries and entry fees

Entries should be made primarily via Eventor. All WRE competitors make an entry to classes M/W21 E. Entry fee in WRE classes is 15,50 €. SI card number must be included in the entry. Need for SI card rental must be issued with the entry. If the SI card number is missing, the organiser will reserve an SI card and charge 5 €. The IOF World Ranking system only uses the Latin alphabet from A to Z. It is very important for all runners to check that the information about them is correct. Please check the following : the spelling of your first and last name, year of birth and nationality. If you find any mistakes, please report them via email [changesathletedata\(at\)orienteering.org](mailto:changesathletedata(at)orienteering.org). When reporting, make sure you add your complete birth date. It is not possible to pay through Eventor.

The bank details for entry fee payment are as follows :

Account owner :	Assoc. Ligue Prvce Alpes Cote d'Azur de Course d'Orienteering
Bank name :	C.A Sisteron
IBAN :	FR76 1910 6008 3943 6682 9591 788
BIC :	AGRIFRPP891

Additional information : Competitor`s name

Normal entry deadline : 16.3.2024 at 23:59 (UTC+1).

Late entry deadline : 18.3.2024 at 23:59 (UTC+1).

IOF ID

WRE athletes have to include their IOF IDs in their entry. Athletes who do not have an IOF ID will get one by registering a user account in IOF [Eventor: https://eventor.orienteering.org/Register](https://eventor.orienteering.org/Register)

Climate

In late March on the plateau, the weather can be anything from warm and sunny (20 degrees Celsius) to chilly and rainy (5–10 degrees C). Please check the weather forecast ahead the competition day.

Accommodation and food

Snack, refreshments, and light catering service at the arena.

Local producers might be present on site to offer you their products for sale (honey, cheese, ...).

List of accommodation available on the competition website : [link here](#)

Training opportunities

A small model-event map in very relevant terrain (next to the parking place) will be available to buy in the days before the competition. More info to come on the competition website, or feel free to ask the WRE contact person ([matthieu.puech\(at\)gmail.com](mailto:matthieu.puech(at)gmail.com)).

Tourism

The possibilities for tourism are numerous in the region. The competition is located right in the middle of "Provence Verte" a vast area of wooded hill, vineyards and small typical villages dominated by the emblematic "massif de la Sainte-Baume" (small mountain chain). A place worth discovering !

La Provence verte : www.la-provence-verte.net

"Provence Verte, a territory with an area of 1/4 of the Var department, the green heart of Provence, within an hour of the largest sites in the PACA region. Discover 43 Provençal villages, unspoilt nature, a Country of Art and History, away from the summer crowds of the seaside".

